

# think!

God created my \_\_\_\_\_  
and my mind. He knows how each cell in my  
\_\_\_\_\_ functions.

God wants \_\_\_\_\_ to be healthy and \_\_\_\_\_.

That's why He teaches me in the \_\_\_\_\_ how to eat,  
how to work, and how to relate to \_\_\_\_\_ and to  
the \_\_\_\_\_.

If I follow these simple rules for my life, I can  
grow up healthy and \_\_\_\_\_!

God wants us to make good choices. Read Joshua 24:15. We make choices every day that affect how we live. One good choice we can make is to make God a part of our lives.

The letters in each vertical column go into the squares directly above them, but not necessarily in the order they appear. A black square indicates the end of a word. When you have placed all the letters in their correct squares, you will be able to read a message to you across the diagram from the left to right.

H	O	L	D	W	M	E	T	I	A	K	S				
G	O	O	P		C	H	O	M	C	E	O				
G	E	D			A	N		S		T	E				

I	H	O	A	N	R	S	A	I	O	T	G	E	A	D	
C	O	C	H	C	E	M	P	K	B	P	L	T	O	T	
I	H	T	I	W	A	Y		E	E	O	U	O			
		E	E			A				R	E				

# Children's Bulletin

Seventh-day Adventist Church, Philipsburg  
Sabbath 25th August, 2018

## RESPONSIBILITY

We need to be responsible with our choices.

**Make a Choice!**

Draw a ☺ in the circle if the choice shows obedience to God.  
Draw a ☹ in the circle if the choice does not show obedience to God.



Reading your Bible every day



Being a friend to the new kid at church



What choices do you need to make this week?

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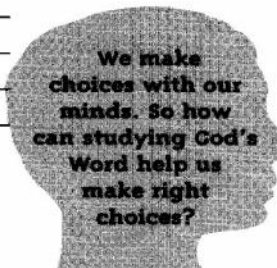


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Ask God to help you make the right choices!

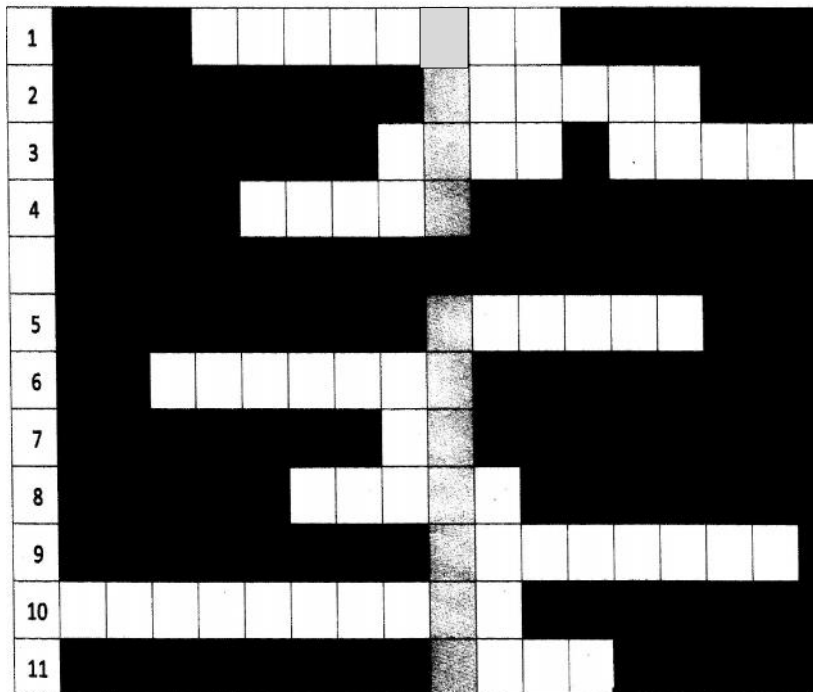


Arguing with your parents

Name: \_\_\_\_\_

## Complete this crossword puzzle and find out what God expects from you.

Read and think about the two words in the light gray vertical column.



1. It's good for me but not too much.
2. A gas in the air that my body needs.
3. The best of drinks but not too cold
4. The place God gave us to live in and we need to care for
5. A place where I learn about God
6. A full day of rest
7. What I should say when someone offers me something that will hurt my body
8. A healthy snack
9. "A \_\_\_\_ heart is good medicine
10. They come in many colours and are good for us
11. Healthy exercise in water

We are **responsible** for taking care of our bodies because they are 'the temple of God'.

Fill in the blanks of the promise below and remember being **responsible** means keeping all your promises.

### My Promise

God made me special. He gave me a family and friends to play with. The things I do today will affect my health in the future. I don't want to get sick. That is why I promise to take care of my health. I know I should eat more \_\_\_\_\_ and less \_\_\_\_\_. I should do more \_\_\_\_\_ and I shouldn't do as much \_\_\_\_\_. I promise to take good care of the body God gave me.

Signed: \_\_\_\_\_

**Always be sure to drink clean, uncontaminated water.**



### Is it safe to drink ... ?

Water from the drinking fountain ☐ yes ☐ no

Rain water from a bucket ☐ yes ☐ no

Water from a river ☐ yes ☐ no

Water from the tap at home ☐ yes ☐ no